

# NEWSLETTER

## FEBRUARY 2020



**01736 364324**

Call us now to  
book your place

[www.seafoodcornwalltraining.co.uk](http://www.seafoodcornwalltraining.co.uk)

Funding from the EU EMFF and MCA, through the Seafish Training Programme, is only available until 31 March 2020. Seafish is seeking new funding for future training for fishermen. Please contact us for more details.



Basic Safety Training	Dates	Price
Survival at Sea (STCW)	25 February 17 March	£130
First Aid (STCW)	18 March	£100
Fire Fighting	13 March	£130
Health and Safety	16 March	£100
Safety Awareness	6 March- Looe	£100

Under 16.5m skipper's Ticket	Dates
5 Day Watchkeeping and Navigation	10-14 February
Advanced Stability	21 February
GMDSS VHF SRC	24-25 February
AEC 30hr Diesel Engine course	24-27 March
<b>FREE course for New Entrants <u>Apply Now</u></b>	
Introduction to Fishing Safety 3 Days- Includes Sea Survival	3-5 February

## Emergency Drills – keeping crews safe

SCT Safety Adviser Clive Palfrey now provides half day demonstration on your boat or a group event in your harbour.

To help you with the compulsory monthly emergency drills all fishermen have to do.

Call us to arrange this visit  
01736 364324 or 07967 009412





## Hazel's Top Health Tip #4

### Watch your Cholesterol level

Too much cholesterol can block your blood vessels and makes you more likely to have heart problems or a stroke.

High cholesterol is mainly caused by eating fatty food, not exercising enough, being overweight, smoking and drinking alcohol.

Contact Hazel 07753 460957  
[hazel.smith@cornwall.gov.uk](mailto:hazel.smith@cornwall.gov.uk)

## Kernow Credit Union

is available on  
Fridays from 10am to 1pm  
at the UK Fishing Animateur office  
Admiralty Boathouse,  
23 The Strand  
Newlyn TR18 5HL

KCU office  
01209 314449

For other locations, visit:

<http://www.kernowcreditunion.co.uk/service-points>



## New funding for our industry: Maritime & Fisheries Fund (MFF)



UK FISHING ANIMATEUR

MFF allows the UK Fishing Animateur team in Newlyn to continue supporting fishing businesses and fishing communities to apply for grants towards:

- Improving health & safety and energy efficiency on fishing vessels
- Adding value and quality to the catch
- Modernising harbour facilities

We are funded by Seafarers UK, Trinity House and the Fishmongers Company and our service is free to small scale coastal fishermen and small harbours.

If you would like advice on MFF grants, give us a call on 01736 362782 or email [fishing@cornwallrcc.org.uk](mailto:fishing@cornwallrcc.org.uk)

## Your Mental Health is Important

The confidential mental health service at **Fairwinds** is for fishermen and their families or anyone working on the markets and workshops.

Contact **Ceri Summers** for an assessment  
01736 366224 [fairwinds781@outlook.com](mailto:fairwinds781@outlook.com)

Other resources include:

NHS/Outlook South West  
<https://www.outlooksw.co.uk/>

The Samaritans 116 123  
<https://www.samaritans.org/>

Man Down Cornwall  
[www.mandowncornwall.co.uk](http://www.mandowncornwall.co.uk)

Kernow Men's Society 07966 000474  
<https://kernowmenssociety.org/>



# seafish



CORNWALL & ISLES OF SCILLY  
**FISHERIES LOCAL ACTION GROUP**

'Committed to supporting our sustainable Cornish fishing industry'

Copyright © 2019 Seafood Cornwall Training Ltd  
Seafood Cornwall Training 01736 364324

Admiralty Boathouse, 23 The Strand, Newlyn TR18 5HL

[www.seafoodcornwalltraining.co.uk](http://www.seafoodcornwalltraining.co.uk)

[info@seafoodcornwalltraining.co.uk](mailto:info@seafoodcornwalltraining.co.uk)



Maritime & Coastguard Agency

