

NEWSLETTER

OCTOBER 2019



01736 364324

**Call us now to
book your place**

www.seafoodcornwalltraining.co.uk

Funding from the EU EMFF and MCA, through the Seafish Training Programme, is available for experienced fishermen (until March 2020) to refresh basic training and courses towards their Under 16.5m Skippers Ticket or Certificate of Competence. Candidates must already hold all four basic safety certificates and have completed their *Safety Awareness*.

Basic Safety Training	Dates	Price
Survival at Sea (STCW)	22 October 5 November 3 December	£130
First Aid (STCW)	6 November	£100
Fire Fighting	1 November	£130
Health And Safety	4 November	£100
Safety Awareness	18 October- Mevagissey 15 November- Newquay 13 December- Newlyn	£100

FREE course for New Entrants Apply Now

Introduction to Fishing Safety 3 Days Includes Sea Survival	21-23 October Newlyn
Under 16.5m Skipper's Ticket	Dates
MCA Approved Diesel Engine (AEC)	28- 31 October
5 Day Navigation and Watchkeeping	11-15 November
GMDSS VHF SRC	27- 28 November

SAFETY UPDATES ON THE QUAY

SCT Safety Adviser and MCA surveyors will demonstrate DRILLS you have to practice. Plus the RNLI, Health Adviser and safety equipment suppliers will answer your questions about ILO 188, checklists, etc.



Newlyn

30 September

Newquay

1 October

Padstow

2 October

Mevagissey

3 October

Looe

4 October



Congratulations to SCT Instructor Kenny Downing who has completed his Mates/Masters Unlimited Qualification at Fleetwood Nautical College

Hazel's Top Health Tip #2

Drink less alcohol

Keep within the recommended safe limits of 14 units a week. This can reduce the risk of serious problems such as high blood pressure and certain cancers. Alcohol is also high in calories. If you are concerned or interested to learn more about how much you drink, visit <https://www.drinksometer.com>

What does 1 unit of alcohol look like?



For help or advice, ask Health Adviser Hazel Smith
07753 460957 hazel.smith@cornwall.gov.uk or
Mental Health Practitioner Ceri Summers
01736 366224 fairwinds781@outlook.com

Calling fishermen:-
Tag your fishing & sea images
4 to 11 October
#seafoodweek #seafoodhero

2019
seafood week by **seafish**
change the way
you 'sea' food



Search #seafoodweek



THE NATIONAL LOBSTER HATCHERY



We have 9,000 hand sized lobsters that you can help us release in your coastal waters!

We've spent the last three years raising lobsters in special sea-based containers. Now, we want to release these large juveniles onto your fishing grounds. We hope to track them to understand their success in supporting your fishery.

If you wish to be a part of this unique opportunity, donate to our Crowdfunder:
www.crowdfunder.co.uk/releasinglarry
Or Contact Carly on:
carly.daniels@nationallobsterhatchery.co.uk
01841 533877 (Ext 7).



Charity no. 1105434

'Celebrating 10 years supporting our sustainable fish industry 2009 – 2019'

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Maritime &
Coastguard
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