

NEWSLETTER

MARCH 2019



| Basic Safety Training | Dates | Price |
|---|---------------------------------|-------|
| Survival at Sea (STCW) | 12 March 30 April 11 June | £130 |
| First Aid (STCW) | 1 May | £100 |
| Fire Fighting | 2 May 26 June | £130 |
| Health And Safety | 29 April 10 June | £100 |
| Safety Awareness | 8 March 17 May | £100 |
| Basic Safety Training- Isles of Scilly | Dates | Price |
| First Aid (STCW) | 18 March | £120 |
| Safety Awareness | 19 March | £120 |
| Survival at Sea (STCW) | 22 March | £150 |
| Under 16.5m Skipper's Ticket | Dates | |
| 5 Day Watchkeeping and Navigation | 18-22 March | |
| AEC Diesel Engine course (Newlyn) | 17-20 June | |

01736 364324

**Call us now to
book your place**

www.seafoodcornwalltraining.co.uk

Funding from the EU EMFF and MCA, through the Seafish Training Programme, is available for experienced fishermen (until March 2020) to refresh basic training and courses towards their Under 16.5m Skippers Ticket or Certificate of Competence. Candidates must already hold all four basic safety certificates and have completed their *Safety Awareness*.

NEW ENTRANTS TO FISHING

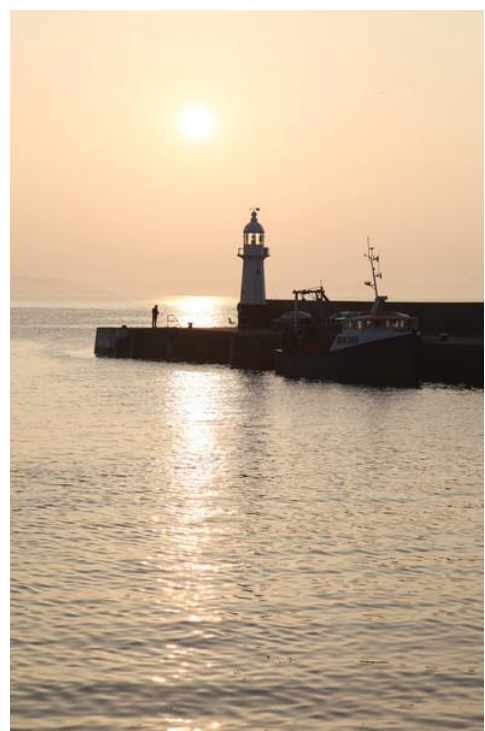
FREE COURSES- APPLY TODAY

- **INTRODUCTION TO FISHING SAFETY (3 days)**
Newlyn 20 to 22 May
- **INTRODUCTION TO COMMERCIAL FISHING (15 days)**
Newlyn 8 to 26 July

As part of the 3 Day Introduction to Fishing Safety course, candidates will focus on safety, on board procedures, knife skills, fish filleting, HMRC, crew work systems, career paths and how to find berths. The course includes the STCW Sea Survival Qualification.

It is fully funded for new entrants to the fishing fleet through the Cornwall & Isles of Scilly FLAG (EU EMFF) and Seafarers UK.

Successful candidates from this 3 day course will be encouraged to join the full Introduction to Commercial Fishing course in July.





UK FISHING ANIMATEUR

Admiralty Boathouse,
23 The Strand, Newlyn,
Cornwall, TR18 5HL

email: fishing@cornwallrcc.org.uk
tel: 01872 6721124
text: 07534580450
www.fishinganimateur.co.uk

The Fishing Animateur team, based in Newlyn, continues to support fishing communities around the UK apply for EMFF grants. We are funded by Seafarers UK, Trinity House and the Fishmongers Company and our service is free to small scale coastal fishermen and small harbours.

We have recently made successful applications for personal safety equipment, improving working conditions on board vessels, fixed and mobile harbour infrastructure, as well as adding value equipment such as ice machines and cold storage.

We are also advising fishermen on applying for grants for the increased list of compulsory safety equipment, which will become mandatory in October 2019- see MSN 1871 (F).

If you would like any advice on EMFF grants, give us a call on 01736 362782 or visit us.

Free NHS Health Checks available

Free confidential lifestyle support in Newlyn for the fishing community. A Healthy Lifestyle Advisor will help you make changes to improve your health and wellbeing: Stop smoking, healthy eating, weight loss and increasing activity levels. Anyone worried about healthy lifestyle issues or ENG1 can call the Fisherman's Mission at 01736 363499 or see Hazel in Newlyn.

Drop in **Tuesdays 8-12.30** at the **Fishermen's Shack** Newlyn Harbour and **Thursdays 9-4** at **Harbourside Physiotherapy** Newlyn or call Hazel for a time that is suitable for you.



Hazel Smith: Healthy Lifestyle Advisor
07753 460957 or 01209 615600
hazel.smith@cornwall.gov.uk



SEAFIT PROGRAMME

In partnership with Fairwinds Mental Health and Wellbeing Services

Free mental health and wellbeing service for working fishermen and their families in Newlyn

- Having a tough time?
- Feeling stressed or anxious?
- Stuck in a bad place?
- You don't have to deal with it alone.



Expert help is available from Fairwinds Services

CONFIDENTIAL Mental health and wellbeing service
FREE Assessment, treatment, advice, support and counselling
LOCAL Available at Harbourside, Wesley Place, Newlyn
FAST No need for GP referral

Tel: 01736 366224

Email: fairwinds781@outlook.com

Fit Body + Fit Mind = SeaFit



Supported by **seafarers UK**

[/GetSeaFit](https://www.facebook.com/GetSeaFit) [@GetSeaFit](https://twitter.com/GetSeaFit)

Fishermen's Mission, Registered Charity England & Wales No. 232822. Seafarers Hospital Society, Registered Charity England & Wales No. 232822.

KERNOW CREDIT UNION

Service point at the Fishermen's Shack
Newlyn Harbour
Fridays 11.30 to 2pm



Also at Liskeard,
Falmouth, St Austell,
Penryn, Penzance
KERNOW CREDIT UNION
Operates a loan scheme for
EMFF grant applicants
Call 01209 314449 for more details



'Celebrating 10 years supporting our sustainable fish industry 2009 – 2019'

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Maritime &
Coastguard
Agency



CORNWALL & ISLES OF SCILLY FISHERMEN'S LOCAL ACTION GROUP

